

Real Men Accountability Questions

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Purpose: To deepen our relationship with our Brothers by entering into their joys and struggles (*without intruding*), so they don't have to suffer alone in silence.

Method: Start by asking them some (not all) of the following questions on this list whenever you interact with them (*remember: give them compassion before you offer them correction*):

- 1.) What brought you **joy** this week/today (big or small)?
- 2.) What did you **struggle** with this week/today? Do you feel like to talking about it?
- 3.) What were you most **faithful** in this week/today (big or small)?
- 4.) What **temptation** did you face this week/today?
 - What happened?
 - Were you able to resist it? If so, how'd you do it?
 - If not, what happened? Did you repent?
 - What do you think you can do to make sure it doesn't happen again?
- 5.) How's your **marriage/relationship/being single** going (1 to 10)?
 - Do you feel like talking about it?
 - Where did you think you're succeeding?
 - Where did you think you're failing?
 - What are you concerned about most?
 - What do you think you need to work on/should be doing?
- 6.) How's your relationship with your **children** (1 to 10)?
 - Do you feel like talking about it?
 - Where did you think you're succeeding?
 - Where did you think you're failing?
 - What are you concerned about most?
 - What do you think you need to work on/should be doing?
- 7.) How are you doing **financially** (1 to 10)?
 - Do you feel like talking about it?
 - Where did you think you're succeeding?
 - Where did you think you're failing?
 - What are you concerned about most?
 - What do you think you need to work on/should be doing?
- 8.) How is your **job/business** going (1 to 10)?
 - Do you feel like talking about it?
 - Where did you think you're succeeding?
 - Where did you think you're failing?
 - What are you concerned about most?
 - What do you think you need to work on/should be doing?
- 9.) How are you doing **physically** (1 to 10)?
 - What are you concerned about most?
- 10.) How much time did you spend with **God** this week/today (no time, not much, a lot)?
 - How do you feel about that?

Always Ask: Would you mind if I **pray** for you?

- Where would you like me to start first? (but also pray for their maturity in Christ, not deliverance from their hurt)
- How can I personally help you in any of these areas?